

FOR IMMEDIATE RELEASE

NOMV Expands Veterinary Mental Health Support Program to All Veterinary Professionals Thanks to Grant Funding from the Zoetis Foundation

Global — July 15, 2026 — Not One More Vet (NOMV) is proud to announce expanded participant eligibility for its Veterinary Mental Health Support (VMHS) program, made possible through the continued generous support of the Zoetis Foundation. This grant funding will allow NOMV to increase access to free, confidential mental health support services for veterinary professionals across the United States.

Originally launched in 2020, VMHS was created to address the unique mental health challenges faced by those working in veterinary medicine. Since 2022, Zoetis Foundation funding has enabled support for over 800 veterinary professionals. The program will continue to provide virtual, HIPAA-compliant support groups and one-on-one support sessions while broadening its reach to ensure that all members of the veterinary team have access to meaningful mental health resources.

"Veterinary professionals dedicate their lives to caring for animals and supporting the people who love them, often while navigating immense personal and professional stress," said Gigi Tsontos, LCSW, MPA, PCC, Chief Executive Officer of Not One More Vet. "We are deeply grateful to the Zoetis Foundation for recognizing the importance of mental well-being in veterinary medicine and for helping us expand access to support for the entire veterinary community."

VMHS services are offered at no cost to participants and are completely confidential. Sessions are facilitated by experienced clinical professionals with expertise in areas including depression and anxiety, grief and loss, work-life balance, trauma, communication, burnout, and suicide prevention and response. Veterinary professionals are eligible to participate in support groups and receive up to eight individual support sessions per calendar year.

In addition to individual and group support, VMHS also offers monthly psychoeducational webinars that provide practical tools and education on topics relevant to mental health and well-being in veterinary medicine.

"Mental health continues to be one of the most pressing challenges in the veterinary profession, and supporting the people behind animal care is as important as advancing the care itself," said Jeannette Ferran Astorga, Executive Vice President, Corporate Affairs at Zoetis and President of the Zoetis Foundation. "We are grateful for the ongoing dedication of NOMV to expand access to resources that strengthen the well-being and resilience of veterinary professionals."

All VMHS services are delivered virtually through a secure, HIPAA-compliant platform, making support accessible regardless of geographic location. Participation in VMHS is designed to complement, but not replace, ongoing mental health treatment with a licensed clinician. The program does not provide emergency or crisis services, therapy, psychotherapy, or counseling.

Veterinary professionals interested in participating in the program can complete a consent form for individual or group sessions or learn more by contacting VMHS@nomv.org. Additional information, including the current support group schedule, is available through NOMV's Events Calendar.

About Not One More Vet (NOMV)

Not One More Vet is a nonprofit organization dedicated to transforming the status of mental wellness within the veterinary profession so that veterinary professionals can survive and thrive through education, resources, and support. Through innovative programs, advocacy, and community engagement, NOMV works to create a healthier and more sustainable future for the veterinary community.

About the Zoetis Foundation

The Zoetis Foundation's mission is to care for those who care for animals—supporting veterinary professionals and livestock farmers to build a better world. Since 2021, the Foundation has distributed \$35 million in grants to support education, well-being and livelihoods in the veterinary and livestock professions in addition to supporting humanitarian aid and a matching gifts program. The Foundation's grantmaking priorities include empowering the next generation of leaders in animal health, supporting mental health and resilience in the workforce, and advancing opportunities for thriving livelihoods in animal husbandry. To learn more about the Foundation, please visit: www.zoetisfoundation.org.