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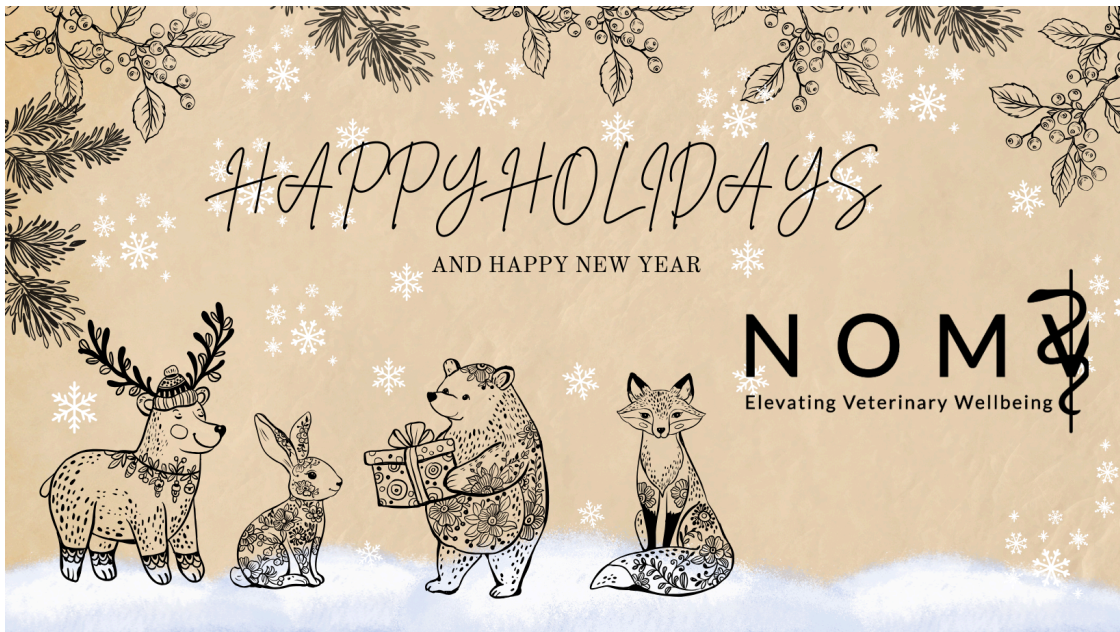
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NEWSLETTER DECEMBER 2024



NOMV's mission is to transform the status of mental wellness within the profession so veterinary professionals can survive and thrive through education, resources, and support.

[DONATE TODAY](#)

\$500 provides a support grant to a vet professional struggling with food, housing, transportation insecurity or mental health

\$250 supports an individual session for a veterinarian experiencing mental health challenges

\$100 ensures educational resources are available for local clinics

Every dollar counts!



CLEAR Blueprint, a practice certification program is designed to foster mentally healthy work environments in the veterinary field. Learn more, [visit this link](#).



At Covetrus, we believe in doing well by doing good. With veterinarians at the heart of everything we do, we understand that independent practices are working in an increasingly challenging and competitive environment including retail competition, rising labor costs, and increasing supply costs. That's why we are dedicated to providing veterinarians with the tech-enabled solutions they need to enhance their retail competitiveness and improve both financial and clinical outcomes.

Given these increasing challenges and the alarming statistics regarding the suicide rate among veterinarians, it is more important than ever to support our veterinarians, and the organizations committed to supporting their well-being, which is why we are proud to partner with Not One More Vet. Through a combination of a corporate donation and contributions from our employee charitable giving program, we hope to make a meaningful impact in promoting the welfare of veterinarians and mental health resources.

“At Covetrus, veterinarians, clinics, and animals they serve are at the center of everything that we do. And that means thinking about the whole person - not just the business,” said Amy Sanford, Global General Counsel, and Chief Human Resources Officer at Covetrus. “As someone who has been part of the healthcare industry for a long time, I am proud to be part of an organization that goes beyond our critical business solutions and is committed to giving back and supporting the overall health of our customers – veterinarians and the pet parents they serve.”

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susceptible to mental health issues. We hope that by bringing more awareness, education and resources to mental health that it benefits our broader community.

###

**THANK YOU COVETRUS! NOMV CHAMPION SPONSOR**



## FEELING STRESS, PRESSURE, NEED TO TALK? NOMV's Peer Support Programs

Veterinary Mental  
Health Support  
(VMHS)  
Individual Sessions  
email [vmhs@nomv.org](mailto:vmhs@nomv.org)

Lifeboat, anonymous,  
asynchronous peer  
support. [Register  
Now!](#)

[Veterinarian Forum](#)  
[Support Staff Forum](#)

### If you need to talk, the 988 Lifeline is here.

At the 988 Suicide & Crisis Lifeline, we understand that life's challenges can sometimes be difficult. Whether you're facing mental health struggles, emotional distress, alcohol or drug use concerns, or just need someone to talk to, our caring counselors are here for you. **You are not alone.**

[Call, Text, Chat, Def/HOH](#)

**Calling all veterinarians who provide care to dogs! Participate in an interview study that aims to explore factors that affect veterinarian-dog interactions.**

Texas Tech Human-Animal Interaction Lab, from the Department of Animal and Food Sciences at Texas Tech University, invites veterinarians to participate in a research study exploring factors that influence how veterinarians handle and interact with dog patients, including dog behavior and professional well-being (Ethics ID# 2024-504).

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call, for approximately 60 minutes. This research should only take 65 minutes to complete.

In appreciation of your participation, you will be eligible to enter a draw to win a \$100 electronic Amazon gift card. The odds of winning are estimated at 1 in 20, and the draw will occur once all data are collected, and the winner will be contacted within 1 week by the researchers by email. To learn more and participate, click on this link: <https://bit.ly/ttu-vet-interview-study>

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