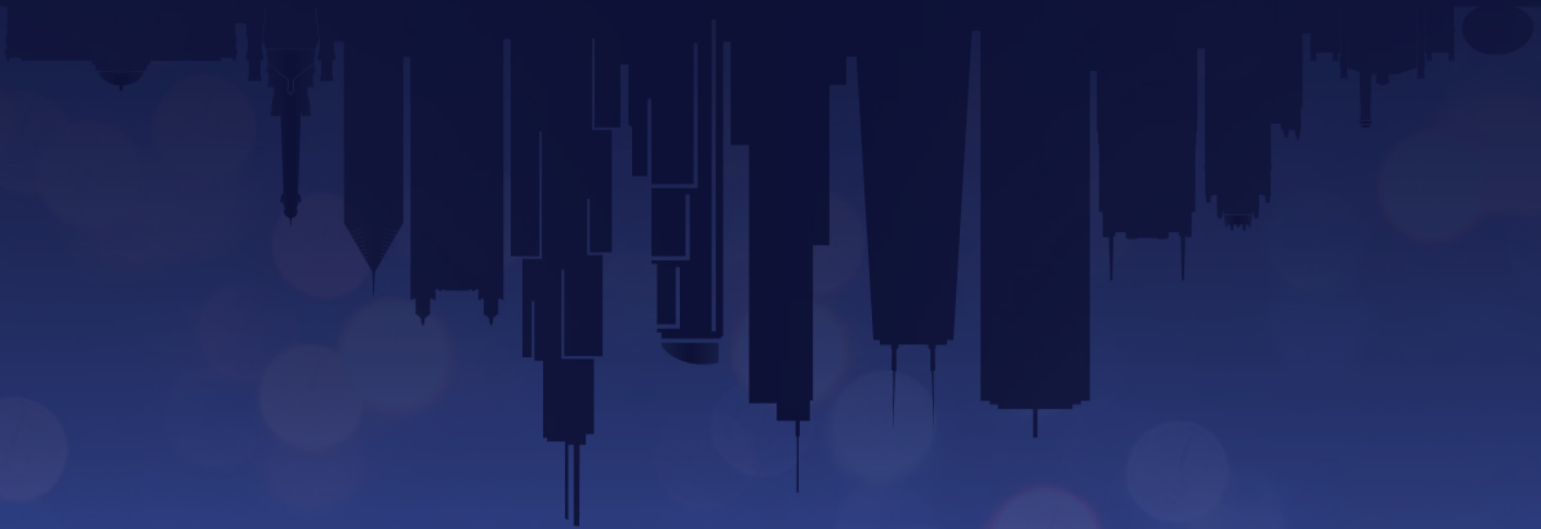




MINI CONFERENCE & GALA

A DECADE OF VETERINARY WELLBEING

05 OCTOBER 2024 • EMBASSY SUITES, CHICAGO, IL

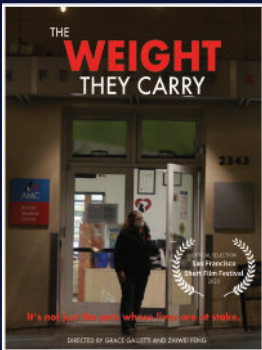




Saturday,
05 October
2024



Embassy
Suites Chicago
Downtown River



The Weight
They Carry

A busy veterinarian practice is intense, with life and death decisions made constantly. But as seasoned veterinarian Kathy Gervais shows us, it's not just the pets whose lives are at stake.

ITINERARY

2024 marks a decade of NOMV's work to elevate wellbeing in the veterinary industry. Join us at our annual Mini-Conference and Gala to celebrate our progress and look to the future.

CONFERENCE

9:00 AM - 3:00 PM

This event will feature wellness experts together from across the industry to share their knowledge.

- Opening remarks & Awards
- RACE Certified Continuing Education
- Buffet lunch

Awards presented will include Board Member, Chapter, Established Volunteer and Rising Volunteer.

EVENING GALA

5:30 PM

Cocktails 5:30 PM - 6:30 PM. Reception to follow.

- Screening of "The Weight They Carry"
- Awards
- Dinner

Awards presented will include CLEAR Blueprint Clinic of the Year, Partner of the Year and Sponsor of the year.

Cocktail attire kindly requested.

CONFERENCE SPEAKERS



**Erika
Lin-Hendel,
VMD, PhD**

BUILDING & NOURISHING CULTURES OF CARE

Our mental health does not exist in a vacuum. It is a complex ecosystem existing with our personal histories, identity, daily routines, interpersonal relationships, and in the support structures we are connected to in community and society.

Speaker: Erika Lin-Hendel, VMD, PhD, graduated from the University of Pennsylvania in 2016. After starting in the swine industry, they shifted to companion animal medicine, focusing on mental health advocacy, social justice, and veterinary empowerment.



**Dr. Carrie
Journey**

WHEN HELPING HURTS: MORAL DISTRESS & SECONDARY TRAUMATIC STRESS IN VET MED

In this lecture, we will explore the prevalence of moral distress, secondary traumatic stress, and other conditions in our field, risk factors, as well as coping strategies and preventive measures.

Speaker: Dr. Carrie Journey co-founded Not One More Vet (NOMV). As a board member and former President, she focuses on crisis counseling and suicide prevention training. Dr. Journey is a veterinary neurologist and owner of Remedy Veterinary Specialists in the San Francisco Bay Area. Beyond NOMV, she enjoys sculpting, amateur blacksmithing, and caring for two cats and her large dog, Max.



**Dr. Katie
Lawlor**

THE IMPACT OF TRAUMA AND STRESS IN VETERINARY MEDICINE

This session addresses the inherent stress and trauma in veterinary medicine, focusing on recognizing and managing the emotional, cognitive, and physiological impacts of cases involving euthanasia, neglect, abuse, and critical decision-making — particularly in shelter, emergency, and wildlife settings.

Speaker: Dr. Katie Lawlor, completed her doctorate at Stanford University and Pacific Graduate School of Psychology, specializing in Cognitive Behavioral Therapy (CBT), neuropsychology, and human-animal interactions (HAI).

CONFERENCE SPEAKERS



**Dr. Taylor
Miller**

MINDFULNESS IN CLINICAL PRACTICE

This presentation introduces the science and practice of mindfulness, its mental health benefits, and ways in which to incorporate mindfulness into clinical practice.

Speaker: Dr. Taylor Miller is a veterinarian, a Professional Counselor Associate, and a Board Member and volunteer for Not One More Vet (NOMV).



**Dustin
Kieschnick,
Psy. D**

EFFECTIVE COMMUNICATION WITH COLLEAGUES & MAINTAINING HEALTHY BOUNDARIES WITH CLIENTS

This course focuses on developing effective communication skills, setting boundaries with clients, de-escalating conflicts, maintaining self-respect, and practicing interpersonal effectiveness using the DEAR MAN Acronym in veterinary medicine.

Speaker: Dustin Kieschnick, Psy.D. is a licensed clinical psychologist and clinical assistant professor at the University of California, San Francisco (UCSF). Dr. Kieschnick specializes in trauma, substance use, anxiety, depression, workplace stress management, and the development of effective digital mental health platforms.



**Dr. Nicole
Taurisano**

BREATH, BODY, & BEYOND: PRACTICAL APPLICATIONS OF YOGA

This interactive continuing education session explores the application of yoga to enhance professional life by promoting overall well-being.

Speaker: Dr. Nicole Taurisano, a veterinarian and yoga teacher, pioneered the first RACE-approved CE yoga retreats. After clinical training at the University of Pennsylvania and a specialty equine internship, she pursued yoga certifications in Dubai and India. In addition to running her business, Ekam "One" Wellness, she currently works as a relief veterinarian in Florida and enjoys wildlife photography.



Scan or Click
to Register

REGISTRATION

CONFERENCE TICKETS

Group (8 guests): \$640 USD
Individual: \$80 USD

GALA TICKETS

Group (8 guests): \$1200 USD
Individual: \$150 USD

CONFERENCE + GALA TICKETS

Group (8 guests): \$1840 USD
Individual: \$230 USD

LOCATION & ACCOMMODATIONS

EMBASSY SUITES CHICAGO DOWNTOWN RIVER NORTH

The Mini-Conference and Gala will be held at the
Embassy Suites Chicago Downtown River North.

600 N State St.
Chicago, IL, USA
60654

A room block has been reserved for October 3, 2024
through October 7, 2024. If you are interested in
booking a room please do so by September 1st, 2024.



Scan or Click
for Hotel
Information



For registration and sponsorship visit
<https://www.nomv.org/gala/>

For more information on sponsorship opportunities,
email gtsontos@nomv.org

Thank you to our official title sponsor

Lap of Love 

Veterinary Hospice & In-Home Euthanasia