

NOMV^{ision}

September 2023 | Newsletter



nomv.org

We envision a veterinary profession that honors and elevates sustainable wellbeing.

Text "NOMV" to 44-321 to [Donate](#)



Halfway to the Finish Line!

We have seen amazing support so far this month for our 4th annual Race Around the World! Over \$15,000 has been raised for veterinary professionals through peer-to-peer fundraising, and participants have logged enough activities to make one lap around the world.

This event takes place each year in support of Suicide Prevention Month and is important for raising the necessary funds for our programs that support the mental wellbeing of the veterinary community. Anyone from anywhere in the world can join the [virtual race](#) and show their support to veterinary professionals! Registration is open until October 7th.



Are you going to be in the Boston area on October 8th?!

Join us for our in-person walk/run at Boston Common in Boston, Massachusetts as we close out this year's Race Around the World. This will be a great way to celebrate the month-long accomplishments of our participants and fundraisers. [Registration](#) is now open, and we hope to see you there!

Register for Race

Become a Sponsor

Shop Race Merch

Gala Final Countdown!

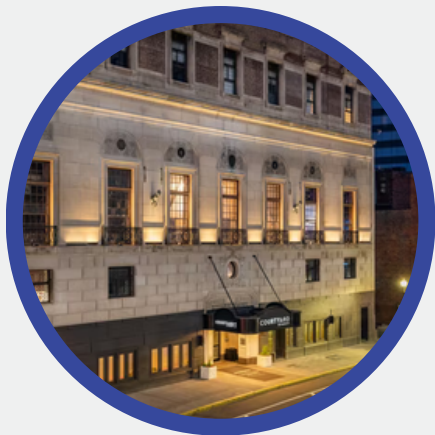
We are counting down the days until our NOMV Celebration and Gala in Boston! This event is going to be bigger than anything NOMV has done in the past, and we can't wait to spend it with our wonderful supporters and volunteers.



The Gala, on the evening of October 7th, will be full of celebration for our organization as we present awards. The evening will also feature a presentation from our Keynote Speaker, Dr. Temple Grandin!

If you are unable to attend in-person, we will be live streaming the Gala event via [Zoom](#). [Registration](#) is now open!

Need to book a room in Boston?! There are still rooms available with the NOMV Gala at the Courtyard Boston Downtown. Use [this link](#) to check availability until September 18th.



[Book a Room](#)

[Register via Zoom](#)



Coming Soon: Lifeboat App

Lifeboat by NOMV's mobile app for iOS and Android is now in early access! This is in preparation for the official native app launch later this year.

Lifeboat by NOMV is an anonymous, asynchronous peer-to-peer support space for veterinary and veterinary support staff professionals to discuss mental health and wellness struggles.

[Learn More](#)

Cyber Harassment Form

NOMV's Anti-Cyber Harassment Force created a new method of reporting cyber harassment incidents within the veterinary community.

Please complete the [form](#) if you or someone you know is currently experiencing cyber harassment.

Anyone at anytime can request access to our Anti-Cyber Harassment resource, which provides tools to help prepare for a potential cyber harassment attack and offers actionable steps to take during an attack.

[Learn More](#)



New Items in NOMV Shop!

We have added a few new items to the NOMV Shop. This is a great way to show support and help raise awareness for the organization anywhere you go!

Some of the newer items include a crewneck sweatshirt and travel mug, which feature our logo with the tagline "Elevating Veterinary Wellbeing." We also have new items for Race Around the World! All proceeds go towards our mission; any purchase is entirely optional but greatly appreciated.

[Shop NOMV](#)

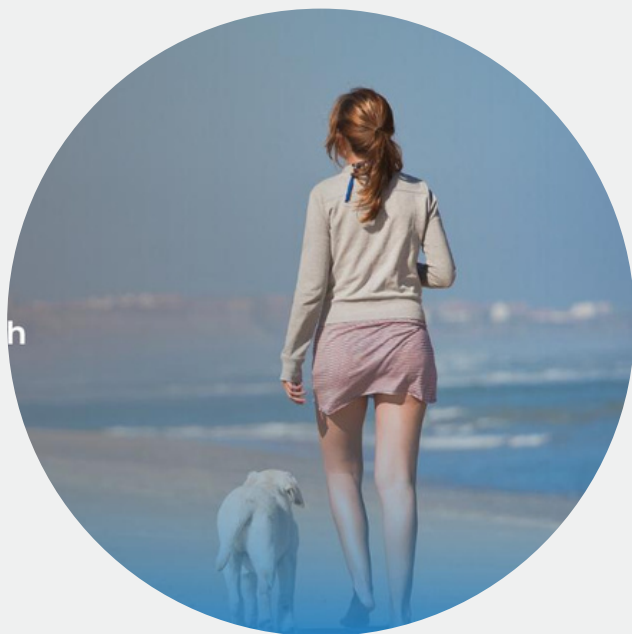
Vet Tech Appreciation

Veterinary Technician Appreciation Week 2023 is October 15th-21st! This is a week dedicated to showing our gratitude to vet techs and all that they do.

Each year, NOMV likes to recognize veterinary technicians all week long on our social media platforms. We will ask for vet tech submissions leading up to the week, so follow us @notonemorevet and stay tuned!

[Follow NOMV](#)





Free VetFuel Webinar

Join Community Veterinary Partners and NOMV on September 28th for an educational session about suicide prevention in the veterinary industry, featuring Dr. Tiana Kelly, DSOCS, MA, LPC, NCC.

This presentation focuses on educating participants about the spectrum of intervention, prevention as a wellness modality, how to enhance individual, relational, community, and societal influences on health, as well as strategies for mitigating risk and increasing protective factors.

[Learn More & Register](#)

August Grants

Thanks to our generous donors, NOMV is able to provide support to veterinary professionals in distress through our Support Grants program.

In August 2023, NOMV awarded **\$7,000** to 14 veterinary professionals!

Make a donation to NOMV to help continue this support of veterinary professionals.

[Donate](#)

\$7,000

awarded to

14

Applicants



Upcoming Events

Leman Swine Conference

NOMV is thrilled to be attending the [2023 Leman Swine Conference](#) in St. Paul, Minnesota! If you are attending the conference, be sure to attend NOMV's presentation by our Director of Programs, Bri Golob, MSW, "Choosing Vulnerability to Build Community," from 4:30 to 5:00 PM on September 18th and visit the booth to learn more about NOMV.



PAVING the Path to Wellness for Veterinary Professionals

NOMV Texas is hosting an upcoming webinar on Wednesday, October 11th at 7:00 PM CT. The webinar, titled PAVING the Path to Wellness for Veterinary Professionals, will be presented by Melyssa Allen. Registration is open to veterinary professionals within the state of Texas. Learn more and [register now!](#)

Mentorship Magic: Unveiling the Power of Mentorship for Your Career Growth

Join NOMV and [DVM Advocate™](#) for an insightful webinar delving into the world of mentorship in the veterinary industry. Discover the pivotal role mentorship plays in your growth, how to identify the right mentor for you, and what you should bring to maximize this 2-way relationship. Don't miss this opportunity to unveil the power of mentorship in VetMed and why the right mentor is crucial for your success.

Save the date for Wednesday, October 25th, and stay tuned for more details about registration!

Upcoming Events

NOMV and US Vet Shows

We are happy to work with US Vet Shows and provide a special discount for NOMV supporters!

Get access to world-class CE, endless opportunities to connect with the veterinary community, and so much more at US Vet Shows! Register today for Wild West Vet (October 18-21), New York Vet (November 8-9), or Chicago Vet (May 16-17) and save 50% on your Full Conference, Vet Tech, or One Day pass for a limited time only. Find out which show is right for you and register here: us.vetshow.com/shows-nomv.



Whether you join us in Reno, New York, or Chicago, our events will deliver a world-class learning experience curated specifically to your needs and interests. Don't miss out on the chance to earn up to 36 CE credits for half the price!

Save the Date: Talk Saves Lives



NOMV Texas is hosting an upcoming webinar: Talk Saves Lives - A Brief Introduction to Suicide Prevention by the American Foundation for Suicide Prevention. The virtual event will take place on Wednesday, December 6th at 7:00 PM CT.

Suicide can be prevented. This presentation will cover what we know about this leading cause of death, the most up-to-date research on prevention, and what we can all do to fight suicide. Participants will learn the common risk factors for suicide, how to spot the warning signs in others, and how to keep ourselves, our loved ones and those in our community safe.

Stay tuned for updates about registration.

[Upcoming Conferences](#)

[Calendar of Events](#)

Sponsors

As we make our way through Race Around the World 2023, we wanted to show appreciation to our sponsors for their support and dedication to NOMV and the mental health of veterinary professionals!

Thank you Metropolitan Veterinary Associates, Boehringer Ingelheim Pty Ltd, Blue Heron Consulting, PetVet Care Centers, B.W. Furlong & Associates, Daring DVM, Vet Strategy, and Instinct Science for their Race sponsorships!

Sponsoring this event is a great way to show your support to the veterinary community, and there is still time to become a sponsor! Learn more [here](#).



Outside Fundraisers

Crittervet Creations T-Shirt

Crittervet Creations is honored to reshare a t-shirt design created to bring awareness and offer support to those in the veterinary profession. 50% of the profits from each purchase of this design will be donated directly to NOMV.

Purchase a shirt now!

[Learn More about Outside Fundraisers](#)

N O M



Elevating Veterinary Wellbeing



Donate



Text "NOMV" to 44-321 to Donate

nomv.org

info@nomv.org