

# NOMV<sup>ision</sup>

November 2023 | Newsletter



[nomv.org](https://nomv.org)

*We envision a veterinary profession that honors and elevates sustainable wellbeing.*

Text "NOMV" to 44-321 to [Donate](#)

# Emergency & Support Grants

## EMERGENCY GRANTS:

NOMV is offering financial support to veterinary clinics worldwide to stay open or reopen during or following natural and human-caused disasters.

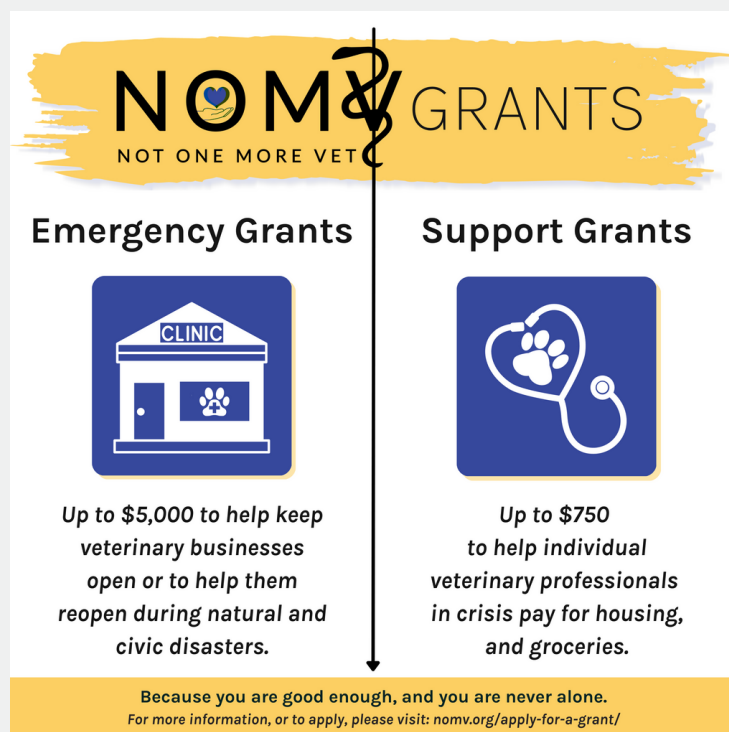
This includes but is not limited to earthquakes, COVID-19, fires, floods, the Russia-Ukraine war, and the Palestine-Israel conflict.

## SUPPORT GRANTS:



Individuals\* who have experienced a personal crisis and are in need of financial assistance for housing or groceries can apply for a grant of up to \$750 USD.

\*Anyone working in the veterinary field or who is currently enrolled in school for veterinary medicine or a veterinary technician program is eligible to apply.

For more information, or to apply for yourself or on behalf of a clinic, please visit: [nomv.org/apply-for-a-grant](https://nomv.org/apply-for-a-grant)



**NOMV GRANTS**  
NOT ONE MORE VET

Emergency Grants	Support Grants
 <p>Up to \$5,000 to help keep veterinary businesses open or to help them reopen during natural and civic disasters.</p>	 <p>Up to \$750 to help individual veterinary professionals in crisis pay for housing, and groceries.</p>

Because you are good enough, and you are never alone.  
For more information, or to apply, please visit: [nomv.org/apply-for-a-grant/](https://nomv.org/apply-for-a-grant/)

Apply for a Grant

## It's Almost GivingTuesday!

What are you doing on Tuesday, November 28?! NOMV's GivingTuesday Campaign is a great time to give back and help the status of mental health in the veterinary profession. Here's how you can get involved:

- Add GivingTuesday to your calendar!
- Follow us on socials, we'll share reminders and updates leading up to GivingTuesday.
- Spread the word by telling your friends, family, and coworkers why you're passionate about supporting the mental wellbeing of veterinary professionals. Then, invite them to join you in making a difference!



## NOMV's List

Support your peers by submitting a resource to NOMV's List! This is an ever-growing collection of resources that have been recommended by veterinary professionals and vetted by NOMV. If you or your team are in need of some help, [NOMV's List](#) may have some options.

If you have been able to utilize a resource and think it could be helpful for anyone else, feel free to submit it to us for review!

[Submit a Resource](#)



## Now Available in Canada!

We are excited to share that the CE opportunity, in partnership with Dechra, is now available in Canada!

“Flavors of Fatigue,” with Dr. Taylor Miller, DVM, MS, Professional Counselor Associate is a 5-part RACE-approved course that addresses five facets of fatigue commonly faced by veterinary professionals: moral distress, decision fatigue, mental fatigue, sleep deprivation, and compassion fatigue.

Learners will need to sign-up for a free Dechra Academy account to access the course, which is currently only available in the US and Canada.

[Learn More & Earn CE](#)

## October Grants

Thanks to our generous donors, NOMV is able to provide support to veterinary professionals in distress through our Support Grants program.

In October 2023, NOMV awarded **\$15,270** to 32 veterinary professionals!

Make a donation to NOMV to help continue this support of veterinary professionals.

[Donate](#)

**\$15,270**

awarded to

**32**

**Applicants**



# Upcoming Events

## Veterinary Professionals Survivor Event

The American Foundation for Suicide Prevention Massachusetts chapter and NOMV are joining together to host an event to support survivors. The event will be held virtually via Zoom on November 30th from 6-8 PM. [Register now.](#)

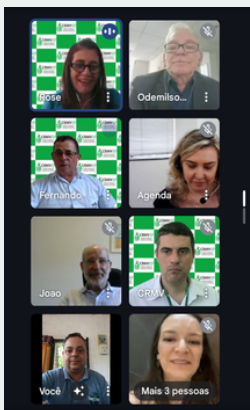
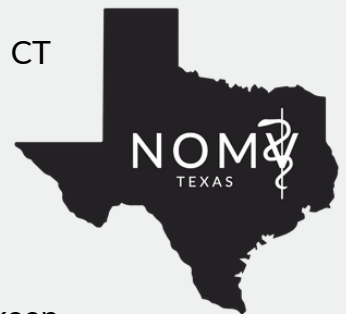
International Survivors of Suicide Loss Day is an event in which survivors of suicide loss come together to find connection, understanding, and hope through their shared experience.

This event is for Survivors of Suicide Loss only.

## NOMV Texas: Talk Saves Lives

NOMV Texas is partnering with the American Foundation for Suicide Prevention to provide a Talk Saves Lives Webinar on December 6th at 7 PM CT [Register now!](#)

Talk Saves Lives: An Introduction to Suicide Prevention is a community-based presentation that covers the general scope of suicide, the research on prevention, and what people can do to fight suicide. Participants will learn common risk factors and warning signs associated with suicide, and how to keep themselves and others safe.



## NOMV Brazil Monthly Meetings

Beginning in January, NOMV Brazil will hold monthly meetings with the presidency and board of directors of the regional veterinary medicine council of the state of São Paulo Brazil, to present NOMV Brazil and provide support to the mutual support group (GAM). The first session will be on January 29, 2024 at headquarters of the regional council of veterinary medicine in São Paulo, supporting 30 professionals monthly. [Learn more here!](#)

## Outside Fundraisers

### Hilltop Bio

We are grateful for the support of [Hilltop Bio](#)!

Hilltop Bio is pledging to donate \$1 for every unit of product sold. Additionally, any donations made at the Hilltop Bio booth at the AAEP Conference will be matched up to \$5,000. Thank you, Hilltop Bio!



[Learn More](#)

### Illinois Vet Student Fundraiser

Veterinary students at the University of Illinois are hosting a fundraising event for NOMV for the second year in a row! Last year's event raised over \$500 for NOMV, and they are eager to continue this new tradition.

Thank you for your continued support for NOMV!

[Learn More about Outside Fundraisers](#)

# Spotlight

For this month's spotlight, we would like to feature Dimitris Letsos, DVM and NOMV volunteer!

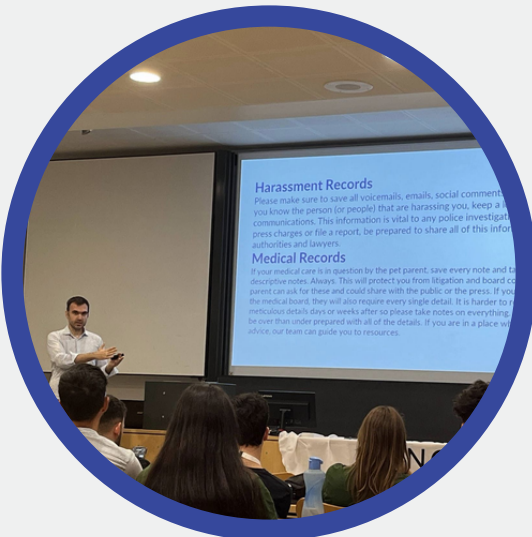
Dimitris is a veterinarian based in Greece and volunteers with NOMV's education committee, including the Anti-Cyber Harassment Task Force.



Dimitris was featured in an [article](#) for ERT News, a national news agency in Greece. The article recognized Dimitris for his gala award win as Rising Volunteer of the Year, and his role in NOMV's education committee and the creation of NOMV's Anti-Cyber Harassment Task Force.

We are so excited that Dimitris is receiving this recognition in Greece, and we are so grateful for all that he has done for NOMV and the veterinary community!

[Read the Article](#)



# N O M



Elevating Veterinary Wellbeing



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